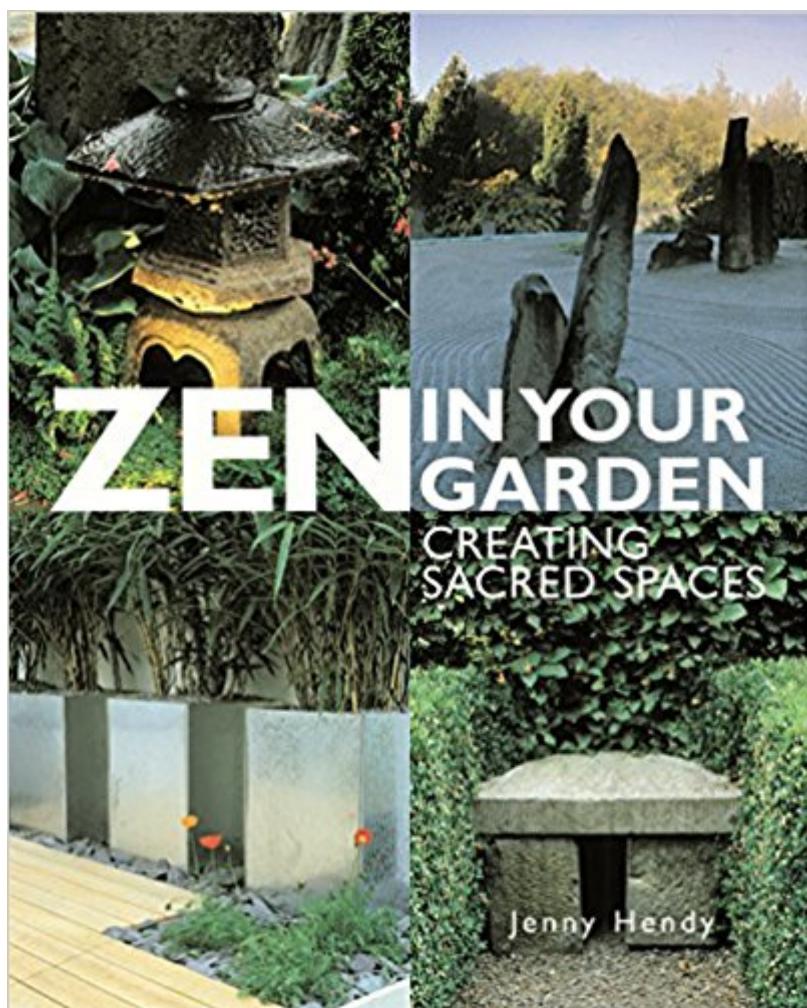


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# Zen In Your Garden: Creating Sacred Spaces



## Synopsis

Full of colorful, striking photographs and insightful commentary this Zen gardening book is an essential guide to the most serene of Japanese traditional arts. The Japanese Zen garden is a triumph of simplicity, a space in which balance is emphasized to create a place of stillness and sanctuary. Zen in Your Garden offers readers a comprehensive and practical guide to creating a sacred space for meditation and contemplation. Learn how your garden can stimulate your senses to either energize or soothe you, and discover what type of garden you need, as well as how to convert your existing garden to one designed on Zen principles. Boxed features, illustrated with detailed drawings, show you how to build specific features such as gravel and rock landscapes. Zen in Your Garden includes beautiful photographs of outstanding gardens from around the world to help you consider the various styles you might wish to work on—rock and gravel; water gardens; shade, moss, and woodland; courtyards; and nature and wildlife gardens. Planting is explored in detail so that you may choose a landscape that has something for all seasons and creates a pleasing form and balance. This book beautifully illustrates and clearly details the many elements of gardening from a Zen perspective and offers you both the creative inspiration and the practical guidance to develop your own. Zen gardening topics include: A modern interpretation Water gardens Nature and wildlife gardens Planting guidelines Zen in a small place

## Book Information

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## Customer Reviews

For the gardener looking to create a peaceful sanctuary from hectic daily life, this book is an

ideal guide.-- Indianapolis Star, September, 2001;Practical advice and inspiring photos that can help you apply principles of Japanese Zen gardening.-- The Charlotte Observer, September, 2001 --This text refers to an out of print or unavailable edition of this title.

Shortly after receiving her degree in botany, Jenny Hendy began writing about creative gardening. Now a freelance writer, her work has appeared in magazines and she has written six books, including Perennials, The Gardener's Palette and Balcony & Roof Gardens. Hendy has a special interest in Eastern philosophy and its influence on gardening.

This book is full of great illustrations, some of which I hope to incorporate in my own yard. It's informative and is comprised of thoughtful explanations of Zen styles. I'll keep it handy to re-read frequently.

Beautiful photos that inspire creative flow to create your own interpretations in your garden. Just love looking at this book anytime I need more inspiration.

Very good information about Japanese Zen gardens written by a non-Japanese author. Photos are inspiring, but the text is amazing with aspects of this form of beauty and art.

Not what I expected.

This book is everything I anticipated. I bought it to get some more ideas for my au natural yard. The first time I looked through the book I found it to be quite calming and quite relaxing. I even shared the book with a co-worker and told her to look through it. I look forward to incorporating some of the ideas from the book to use when Spring rolls around again. I recently learned that is pretty much one stop shopping. Over all I give this transaction 5 STARS for a job well done. From ordering; through processing; and all the way to delivery.JD Stephens

Nice book, lovely photos

comprehensive material.

great

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